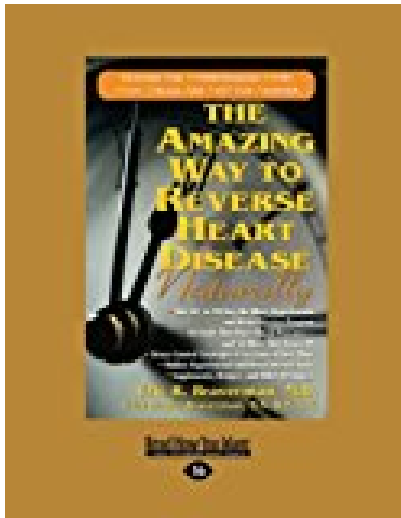


The Amazing Way to Reverse Heart Disease Beyond the Hypertension Hype Why Drugs are Not the Answer



BOOK DETAILS

- Author : Eric R. Braverman
- Pages : 368 Pages
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BOOK SYNOPSIS

Its hard to believe youre dying when you feel fit and fine ... but millions of Americans are harboring unaware a condition that can rob them or kill them outright--hypertension, also known as high blood pressure, the most common form of heart disease. Even when hypertension is diagnosed, treatment is usually based on drugs, most with dismal side effects, expensive, and of limited usefulness. Really effective treatment of hypertension calls for getting at the cause--which, Dr. Eric Braverman has found, often relates to poor diet, elevated cholesterol, excess weight, stress, and biochemical imbalances. With Dr. Bravermans 30- to 90-day program, patients have lowered their blood pressure and, in some case, even reversed the course of existing heart disease!

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