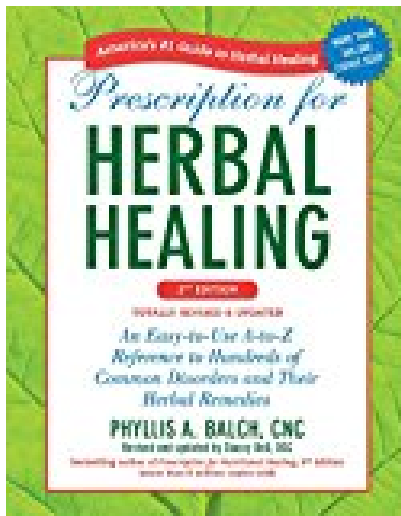


Prescription for Herbal Healing 2nd Edition An Easy-to-Use A-to-Z Reference to Hundreds of Common Disorders and Their Herbal Remedies



BOOK DETAILS

- Author : Phyllis A. Balch CNC
- Pages : 656 Pages
- Publisher : Avery
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BOOK SYNOPSIS

The definitive source for choosing the optimal herbal therapy- thoroughly revised and updated. Millions of Americans are turning to herbal therapies to heal what ails them-either as an alternative or as a supplement to traditional medicine. From the most trusted name in natural healing, Phyllis A. Balchs new edition of Prescription for Herbal Healing provides the most current research and comprehensive facts in an easy-to-read A- to-Z format, including: Information on more than 200 herbs and herbal combination formulas, ranging from well-known herbs, such as ginseng and St. Johns Wort, to less familiar remedies, such as khella and prickly ash Chinese and ayurvedic herbal combinations Discussion of more than 150 common disorders from acne to yeast infection, and suggested herbal treatment therapies

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