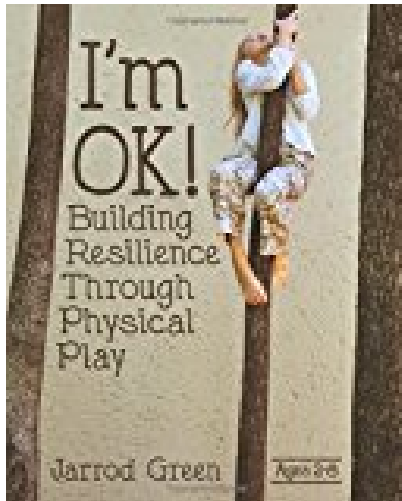


# Im OK! Building Resilience through Physical Play

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## BOOK DETAILS

- Author : Jarrod Green
- Pages : 160 Pages
- Publisher : Redleaf Press
- Language : English
- ISBN : 1605544515

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## BOOK SYNOPSIS

Children must learn to pick themselves up, brush themselves off, and bounce back. How do you allow for the physicality required to build resilience why you are tasked with childrens safety? This guide provides the tools and strategies for creating a culture of resilience, including families in the process, and keeping safety front-of-mind. Examine common safety concerns and how to address and prepare for them Learn how to work with families and build a trusting relationship around childrens physical development Consider legal concerns regarding licensing and liability Discover practical approaches to working with children to find their appropriate level of physical risk-taking and how to respond to a childs risky behavior Jarrod Green is an early childhood educator with over a decade of experience in early childhood education. His teaching practice centers around an emergent, project-based approach to curriculum, with an emphasis on learning through play, developing relationships with communities, and building self-regulation and resilience. Green also presents at many professional conferences, including NAEYCs Professional Development Institute.

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